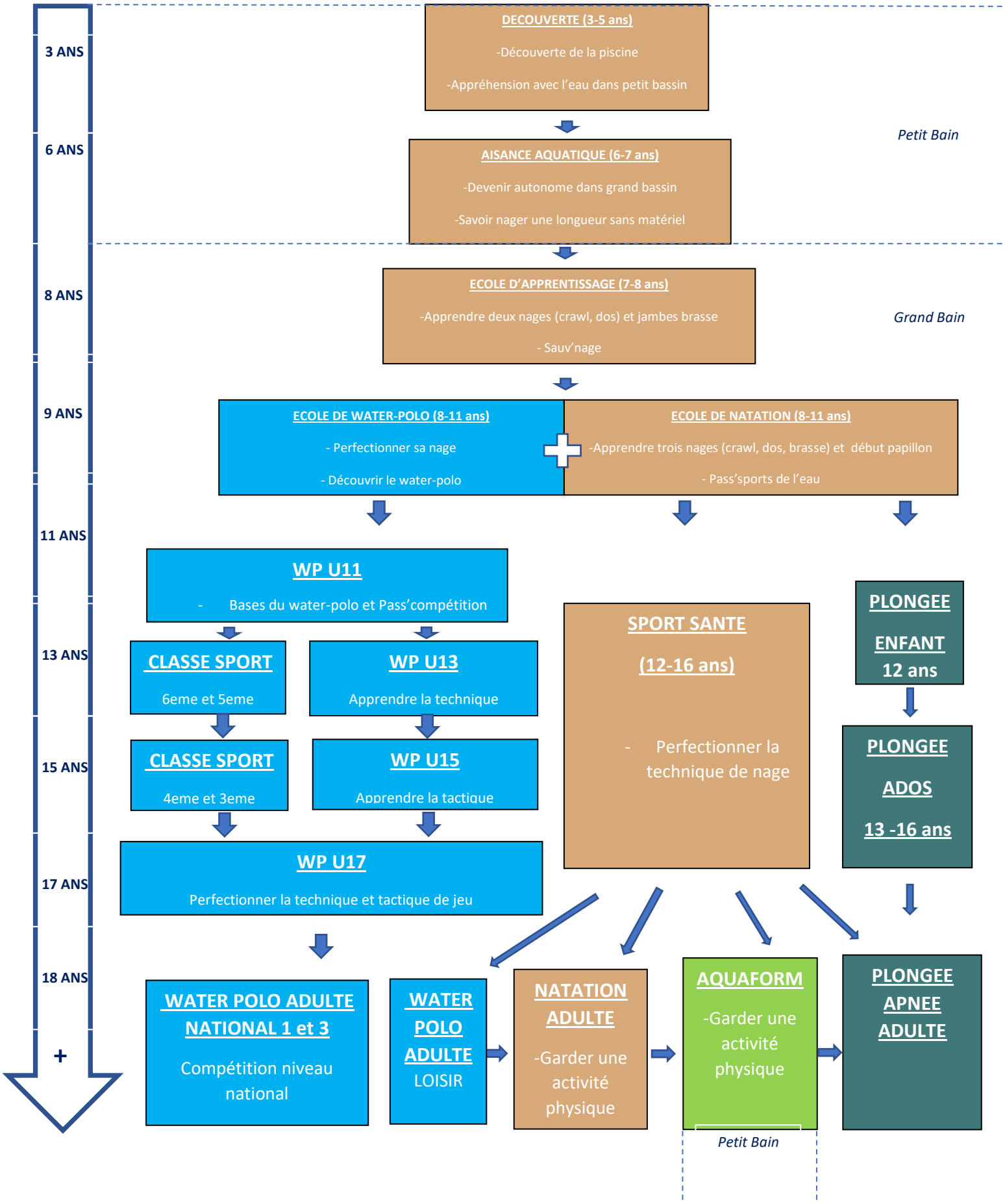LE CYCLE DE FORMATION DU TSN95